

South Carolina Arthritis Prevention and Control Program

ARTHRITIS RESOURCES Resources and Rheumatologists Richland County

The South Carolina Arthritis Prevention and Control Program is a program of the South Carolina Department of Health and Environmental Control in partnership with the Centers for Disease Control and Prevention, the Arthritis Foundation and other organizations throughout SC.

We have developed this list of resources to help you manage your arthritis. We give you information about <u>3 Arthritis Foundation programs</u> that can help you manage your condition. All 3 programs should benefit you whether you have arthritis, fibromyalgia, lupus, or some other rheumatic condition.

- Arthritis Foundation Self-Help Program Group education classes to help you learn how to manage your condition.
- <u>Arthritis Foundation Exercise Program</u> An exercise program that uses gentle exercises to improve your strength and energy level and reduce your pain.
- <u>Arthritis Foundation Aquatic Program</u> A water exercise program for people with arthritis to help you feel better.

We also list <u>support groups</u> for each county and give you a list of <u>rheumatologists</u> in your area. A rheumatologist is a doctor who is a specialist in treating arthritis and other rheumatic conditions.

Arthritis Foundation Self-Help Course:

Sisters of Charity Providence Hospital Trena Vecchealla 2435 Forest Drive Columbia, SC 29204 803-256-5836

Midlands Partnership Parish Nurse Program B. J. Roof Taylor @ Marion Columbia, SC 29220 803-296-5329

Hope World Wide Genice Crumpton 121 Executive Center Dr, Suite 134 Columbia, SC 21210 803-561-0060

Arthritis Foundation Aquatic Program:

Harbison Recreation Center 106 Hillpine Road Columbia, SC 29212 (803) 781-2281

Arthritis Foundation Exercise Program:

Capital Senior Center 1650 Park Circle Columbia, SC 29201 (803) 779-1971

Drew Wellness Center
City of Columbia Department of Parks & Rec.
2101 Walker Soloman Way
Columbia, SC 29204
803-546-3200

Ensor Forest Apartments Mary Short 4520 Monticello Rd. Columbia, SC 29203 (803) 765-9515

Support Groups:

Fibromyalgia/Chronic Fatigue Support Group: Wellspring Resource Center Contact: Cora Plass (803) 765-1510 Meets the third Sunday of the month @ 3:00 pm

Fibromyalgia Support Group: Schafer Clinic 634 Sunset Blvd. West Columbia, SC 29169 Contact: Virginia Schafer (803) 939-0711

Fibromyalgia Support Group: Getting Well Support Group (803) 787-4488 Meets the first Thursday of the month @ 2:00 pm

Rheumatologists:

Arthritis Consultants Boyd, Robert E., Brabham, A. McKay 3 Richland Medical Park Suite 240 Columbia, SC 29203 (803) 765-1550

Columbia Arthritis Center Collins, Ronald L., Flint, Kathleen P. 1711 St. Julian Place Columbia, SC 29204 (803) 799-0911

Dorn VA Hospital (Veterans who qualify for VA Hospital services) Reid, Rodney R. 6439 Garners Ferry Road Columbia, SC 29209 (803) 776-4800

USC School of Medicine Fant, James W. Jr. 2 Richland Medical Park Suite 506 Columbia, SC 29203 (803) 540-1000

USC School of Medicine Resident Clinic Hoppmann, Richard A. 1801 Sunset Blvd. Columbia, SC 29203 (803) 434-4152

SC DHEC does not provide funds or receive remuneration from any for-profit organization, group, or website on this list.